Children's Bereavement Center OF SOUTH TEXAS

2025

ANNUAL REPORT

our MISSION

To foster healing for grieving children and youth, their families and the community.

CBCST IMPACT highlights

3,594 TOTAL INDIVIDUALS SERVED

5,850 PEER SUPPORT GROUP VISITS

8,412 INDIVIDUAL COUNSELING HOURS

3,486 SCHOOL-BASED PROGRAM VISITS

1,002 PROFESSIONALS SERVED THROUGH STAFF-LED TRAININGS

A LETTER

From Our CEO

Dear Friends,

As I reflect on my second year as CEO, I continue to find myself in awe of what your generosity makes possible. This year, I've watched the Children's Bereavement Center show up for our community in ways both steady and profound, through the compassion of our staff, the trust of our partners, and the quiet, sacred work of sitting with a grieving child.

This year tested our community in a new way. When flooding devastated the Hill Country, families were left grieving unimaginable losses no one should have to carry alone. Because of your steadfast support, CBCST was ready to respond, to hold space, and to walk alongside our neighbors as they began the long process of healing. This is just the beginning of our commitment to the Hill Country, one we intend to honor for years to come.

Your commitment to our mission means our work can grow and adapt alongside the needs of our community. Thanks to you, CBCST remains a place where children are met with safety instead of silence, where families find companionship instead of isolation, and where hope has room to grow even in the hardest seasons.

This work asks a great deal of all of us. But it matters, and I am endlessly grateful to you for choosing, year after year, to walk this road with us.

Thank you for believing that no child should grieve alone. Because of you, we continue to bring light to some of the darkest moments a family will ever face.

Kristina

Kristina Hernandez, MNM, CEO

INDIVIDUALS *Served*

3,594

TOTAL NUMBER OF INDIVIDUALS SERVED

In 2025, we heard 3,594 unique stories about loss and grief. We walk alongside each and every child to offer strength, resilience, hope and healing. Whether they join us for individual counseling, peer-led support groups, grief camps or a healing circle during a time of heavy emotions, our families are welcomed into the Center with open arms. The moments of vulnerability and bravery our families show throughout the year are moving, and we are truly honored to have their trust.

INDIVIDUAL *Counseling*

→ 8,412

TOTAL NUMBER OF INDIVIDUAL COUNSELING SESSION HOURS

The Center provided over 8,400 hours of individual counseling across South Texas – **ALL AT NO COST TO OUR FAMILIES.** Every child's grief experience is unique and will impact them differently at every stage of life. The Center's specialized grief counseling is critical for ensuring healthy development and bright futures. Meeting with each child one-on-one allows us to identify their needs and develop individualized plans for coping and emotional regulation. These are skills our children and caregivers can take with them beyond their time at the Center, fostering hope and healing for years to come.

PEER SUPPORT *Groups*

→ 5,850

TOTAL NUMBER OF PEER SUPPORT GROUP VISITS

The Center opens its doors to families four nights a week for peer-led support groups. These groups do so much more than offer families a safe space to share their grief – they create community. Our support groups allow children and families to connect with those who understand their journey. We offer Little Hearts, a specialty group for the unique needs of 3-6 year olds as they are still developing the language to express their new and heavy emotions. Their experiences build support systems to lean on in the difficult months and years to come.

"Sometimes so much healing happens by listening to others and their experiences."
- CBCST Client

SCHOOL-BASED *Programs*

→ 3,486

TOTAL NUMBER OF SCHOOL-BASED PROGRAM VISITS

When facing the heavy loss of a parent, classmate or other loved one, school can become a difficult space for grieving children. Heavy emotions and major disruptions in routine can create challenges in the classroom. By placing counseling staff in school districts across South Texas, we are able to meet children right where they are, and right when they need it. Removing barriers to care and taking a community-centered approach to grief counseling makes all the difference for our families.

School Districts We Serve:

- Harlandale ISD
- Hunt ISD
- Judson ISD
- North East ISD
- Northside ISD
- San Antonio ISD
- South San ISD
- Uvalde ISD

"I can never thank the Center enough for what they've done for my family and I."
- CBCST Client

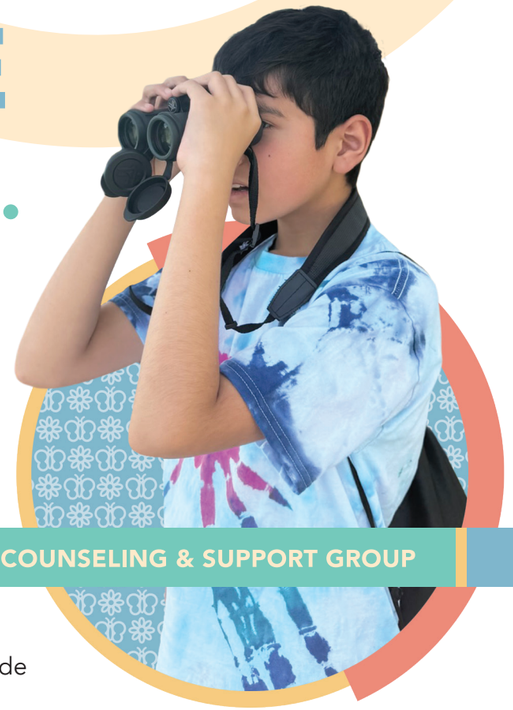
GRIEF *Camps*

→ 204

TOTAL NUMBER OF CHILDREN & CAREGIVERS SERVED THROUGH GRIEF CAMPS

After unthinkable loss, finding time for joy and play can be a challenge. Our camps give children and caregivers the opportunity to bond and make new memories when celebrating their loved one who has died. Counselors walk alongside children as they navigate their emotions at our grief camps across South Texas. To facilitate their healing, we give children space to be children in a safe environment where their complex and heavy emotions are honored.

UVALDE *Texas*



174

INDIVIDUALS SERVED THROUGH COUNSELING & SUPPORT GROUP

We are dedicated to supporting the Uvalde community through all the seasons and challenges yet to come. Seeing the growth and healing in our kids has been beautiful, and we're honored to be part of their story. The needs of the Uvalde community are unique, just like every child we've served there since 2022.

HILL *Country*

56

HILL COUNTRY INDIVIDUALS SERVED

The July 4th flooding across the Hill Country will have a tremendous, long-lasting impact on our community. The grief felt by those who lost loved ones, their homes, and so much security is monumental.

With the support of incredible partners in the Hill Country including St. Peter's Episcopal Church, Hill Country CASA and the Hunt School, the Center was able to establish a safe space for families affected by the flooding. In the days and weeks following the floods, our counselors held healing circles and offered consultations to families navigating their difficult next steps. As these needs grow, we will continue to provide trauma-informed grief counseling across the Hill Country.

GRIEF EDUCATION *Institute*

1,002

TOTAL NUMBER OF PROFESSIONALS SERVED THROUGH STAFF-LED TRAININGS

To carry out our vision of ensuring no child has to carry the burden of grief alone, the Center works within the community to educate leaders and professionals. We are dedicated to providing high quality, accessible education through our Grief Education Institute. This program provides training to professionals and community members across Texas. Grief impacts children at every stage of life, and by equipping those that work closest with our children with grief education, we can ensure that our community has the tools to meet grieving children where they are.

FRIENDS *& Volunteers*

3,246 TOTAL VOLUNTEER HOURS AT CBCST

123 TOTAL MEMBERS OF THE FRIENDS OF THE BEREAVEMENT CENTER

Volunteers are the heart of the Center's work. From hosting fundraisers to facilitating support groups, our mission could not be carried out without the dedication of our community. Families feel the care and passion from volunteers who give so much of their time. Our community came together to support each other during the most difficult days, showing families affected by unimaginable loss that they are not alone.

Leave a LEGACY

The Monarch Society pays tribute to the monarch butterfly, which is renowned for its quality of courageous endurance that has long-represented the Center's focus and perseverance on behalf of the children and families it serves. The Monarch Society is a legacy giving circle for donors to support long-term sustainability for the Center. Together, we can ensure a long future of hope and healing.

MONARCH SOCIETY

A LEGACY CIRCLE OF THE CHILDREN'S BEREAVEMENT CENTER

MONARCH SOCIETY • LEAVE A LEGACY

To learn more about making a lasting impact on the Center, we invite you to reach out to Chief Development Officer Ann-Marie Camosy Murray at **210-736-4847.**

CBCST *Financials*

Fundraising	7%
Management & General	10%
Program Services	83%

$5,003,003
TOTAL EXPENSES

In-Kind Contributions	2%
Uvalde	3%
Other Income	7%
Event Income	8%
Individual & Corporate Contributions	16%
*Hill Country	18%
Government Grants	20%
Grants & Foundations	26%

$6,077,877
TOTAL REVENUE

*Includes $932,678.74 restricted for future Hill Country operations

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cbcst.org

Children's Bereavement Center
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