TOUR OF THE HEART
Join our staff for a tour of the Children’s Bereavement Center of South Texas at 11:00 am on the first Friday of every month. Please register here: give.cbcst.org/touroftheheart

APRIL 4, 2024
FRIENDS MEMBERSHIP BRUNCH
9:30 am - 11:30 am
RSVP for this event at give.cbcst.org/beafriend

NOVEMBER 21
CHILDREN’S GRIEF AWARENESS DAY
Wear blue to help raise awareness for children’s grief.

A HEARTWARMING BOOK DRIVE
Inspired by Emma Lily and her love for reading

BOARD LETTER
Brought to you by Frances Gonzalez

COUNSELOR’S CORNER
Internships at the Center

HEARTS IN HARMONY
A heartfelt evening of inspiration, entertainment, and giving

VOLUNTEERING & DONATING
Making a significant impact

Heartstrings
Spring Issue | 2024

Heartwarming BOOK DRIVE
In the spirit of love and remembrance, Jennifer and Andrew, parents who have been deeply touched by the Children’s Bereavement Center of South Texas, embarked on a heartwarming journey to honor their daughter, Emma Lily. Since losing Emma, their vibrant and beloved daughter, the family has found solace and strength in celebrating her life in a meaningful way. Their special tradition is to hold an annual book drive in Emma’s memory, coinciding with her birthday on October 10th. Emma’s passion for reading and learning inspired her family to collect books to donate to children’s organizations across our community, creating a legacy of compassion and kindness that continues to shine brightly. The Center was fortunate enough to be selected as the most recent beneficiary of the Guzman Family’s kindness.

As Emma’s sisters, Eliana and Sophia, grow older, the book drive serves as a touching reminder of the special bond they share with their sister, keeping her spirit alive through the joy of reading and giving back to others.

This beautiful initiative not only honors Emma’s memory but also embodies the resilience and love that define the remarkable families we have the privilege to serve at the Children’s Bereavement Center of South Texas.
Board of Directors

Frances Gonzalez—Chair
Lauren Anthony—Vice Chair
Tina Chan—Treasurer
Cardinal Tuttett—Vice Chair
Yvonne Berchtold—Secretary
Elizabeth Brown—Secretary
Sharon Ceyl—Secretary
Tina Collett—Secretary
Colin Cooper—Secretary
Mauro Di Lauro—Secretary
Lester Dube—MD
Melvin Eddy—Secretary
Scotty Maerfeld—Secretary
Eva Mireles—Secretary
Eric Nguyen—Secretary
Ryan Thomas—Secretary
Robert Wilkins—Secretary
Michael “Money” Yates
Nick Wright—Secretary
Cheryl Young—Secretary

Advisory Board

F. Michael Wood—Jodi Wood—Chairmen
Jane & Jack horn—Co-Chairmen
Margaret Jeter—Ph.D.
Ingrid Bove
Carly Burson
Lexi Delu & Tracey Turrent
Linda Pepping
Susan & Bill Galbraith
Alicia & Andrew Herbst
Joe & Joelle Horsager
Susan & Jack Kueh
Amy & Mark Lange
Candace & Clark Mendoza
Nina & Mark, Ph.D.
Carol & Steve Rieke
Jen & Nick Rice
Todd Rone
Dy & Robert Sibley
Eric & Erienne Stanczyk
Barbara Wood
Martin Wood

Friends of the CBCST Board

Melendi Mahall, President
Lyn Aoki
Jennifer Andrews
Ali Chaudhry
Mimi Cobb
Morgan Eakin
Jennifer Eubanks
Elyse Gardner
Graeme Hedy
Adam Hilby
Abe Houlen
Claire Holub
Adrian Hopkinson
Kelley Hughes
Kasey Griffin
An Nguyen
Kendra Hulan
Sue Hardlock
Beth Hardlock
Megan Johnson
June Jordan
Emmy Kibby
Kathleen Law
Sunny Mcleod
Frances Moncure
Faye Patterson
Karen Person
Alice Prada
Kris Thorne
Debbie Turrent
Dave Turrent
Laurie Ngoi-Rogers
Writing。
Eva Reyes-Holiday
Zoe Ha Gal
Meagan Sparks
Al Birkner
Terry Turrion
Katherine Tindle
Cesar Torres
Debra Turrent
Sally Wilken
Andrea Williams
Jordine Williams

Hearts in Harmony 2024

The Hearts in Harmony Gala is always more than just an event—it is a testament to the incredible power of community and compassion. On this special night, our community comes together to make a difference in the lives of grieving children and families we serve.

With hearts full of hope, guests enjoyed an evening of inspiration, entertainment, and giving. The generosity displayed was truly overwhelming, and we are deeply grateful to each and every person who contributed to the success of our gala.

Thanks to your unswerving support, we can ensure that no child walks the parlous journey of grief alone. From the bottom of our hearts, thank you for making the Hearts in Harmony Gala an unforgettable night filled with love and hope for a brighter tomorrow for all those grieving the loss of a loved one. Together, we are making a real difference in the lives of those we serve.

Volunteering/Donating to The Center

Giving back to the Children’s Bereavement Center of South Texas through the gift of time is invaluable. Whether collecting items from your wishlist or serving as a potluck partner, every minute spent supporting our mission means as much to the families we serve. It’s a tangible way to show these families that they are not alone in their grief journey. Your time and effort make a significant impact, providing comfort, support, and a sense of community during their darkest moments. Together, we can make a difference and ensure that no child or family ever has to face their grief alone.

Reach out to our Community Engagement Manager, Ben Sanchez, for more information about how you can get involved! Ben can be reached at 210-736-4847 x 249 or at bsanchez@cbcst.org.

Board Letter, FRANCES GONZALEZ

Dear Friends,

Spring is upon us! I’m excited to share some updates from the Children’s Bereavement Center of South Texas. This year, we are expanding our counseling programs to serve more children, enhancing outreach efforts across our community, and strategically growing the Center’s operations.

With each enhancement we continue to need your support—through the gift of your time and financial support. Your generosity fuels our mission to provide comfort, healing, and hope to grieving children and families. Our dedicated volunteers are the backbone to the Center’s operations, and we need more of you to help whether it’s the gift of a potluck dinner or camp and summer activities support.

Looking ahead to the rest of the year, we have several exciting projects and initiatives in the pipeline that will make The Center even more of a respite for our families. We remain grateful for the opportunity to provide a place of healing in our community and it’s all thanks to you! With a lot of work ahead, we are ready to move forward with open arms, hearts, and grace so that the path for healing is realized.

Thank you for your unswerving dedication. Together, let’s make 2024 a year of meaningful change and support for our community.

Warms Regards,

Frances Gonzalez

COUNSELOR’S CORNER:
Internships at the Center

The Children’s Bereavement Center offers a variety of services to foster hope and healing for grieving families. For the Center to provide caring support for all the families who request services, we require additional helping hearts. The Children’s Bereavement Center offers internship opportunities to Master or Doctoral level students working towards becoming therapists or social workers in Texas. Students from many San Antonio campuses and other Universities will seek out our Center to support our mission. We often accept 10 students into our internship program who will support our individual services, peer support groups, and therapeutic camps. These students grow and develop knowledge regarding grief and bereavement, all while establishing a foundation of counseling skills to utilize as they continue into their licensure.

With the help of our wonderful students and all that contribute to our Center, we can serve more children and their families. Each student can often support up to 8 clients in individual services and help facilitate our adult groups during peer support group nights. With increased skill sets, students offer additional areas of growth for our Center. Additionally, our students can support our program staff and their peers, with some of our students offering training regarding the specialized skills they obtained throughout their schooling. We are deeply grateful for the students who have supported and continue supporting the Center’s mission.

If you or anyone you know is interested in an internship with the Children’s Bereavement Center, please visit our website to learn more about the hard work and care our students provide. We would love to have new students join our team and show the magic the Center brings to families.

Kayla Davis, LPC
Internship Coordinator | Program Therapist

GET YOUR Fiesta Medal!

Don’t forget to grab your 2024 CBCST Fiesta Medal!

Party with a purpose and show your support for the Children’s Bereavement Center of South Texas by purchasing our exclusive fiesta medals. For a $10 donation, you can snag this must-have Fiesta accessory and help fund our grief support programs.

Join us in spreading joy and compassion while making a difference in the lives of grieving children and families. Swing by the Center today to get your medals, and Let’s Fiesta!

LEAVE A Lasting Legacy

AND SUPPORT A Grieving Child TODAY!

cbxstlegacy.org

2023 Summer