



Children's
Bereavement
Center
OF SOUTH TEXAS

A UNITED WAY PARTNER AGENCY

2018 ANNUAL REPORT



Grieving the loss of a loved one is a difficult process, even for adults. Death of a parent or significant loved one can have a profound impact on the rest of a child's life. For children who don't have a healthy way to cope, grief can take the form of physical illness, anxiety, depression, aggression, PTSD, violence against self or others, alcohol/drug abuse, decreased academic performance, and other problematic behaviors. But at the Center, we know with the right resources that hope and healing are possible.



We believe that everyone's grief journey is different and deserving of a unique approach. In order to help each grieving child find their voice, we have incorporated various expressive art techniques in order to empower them and let them know that they can go on to lead healthy and productive lives. It's through our highly trained and experienced staff that we're able to provide individual counseling, peer support groups, as well as grief camps three times a year – all at no cost to the family. Our goal is to provide hope and guidance for both children and families in a time of darkness, as they process their journey through grief.



STATISTICS

Nationwide Poll of the Parents of Grieving Children

Grief's Enduring Impact:
2009 Poll by New York Life
Foundation / Comfort Zone Camp

73%

"Much better" life if their parent hadn't died so young

**National Poll of Bereaved
Children and Teenagers**

52%

Talking to their friends about the death is hard

45%

Trouble concentrating on school work

60%

Most people don't understand what it is like to have a family member die when you are young

76%

What they like the most about the grief group/counseling:
1) Meeting people who are going through grief like them (76%), and
2) Making new friends (62%)



1 in 8

children will lose a parent or sibling by the age of 25 in the state of Texas.
Estimating **1,161,383** children in Texas to be bereaved.



2018 | PROGRAM SERVICE NUMBERS

Children's Bereavement Center of San Antonio & the Rio Grande Valley

CBCST PROGRAM TOTALS



Peer Support Groups

600 Children & Youth Served
(8,026 Units of Service)

494 Adult Caregivers
(5,827 Units of Service)

1,094



Family Assessments

787 Children & Youth Served
(1,561 Units of Service)

654 Adult Caregivers
(1,215 Units of Service)

1,441



Individual Counseling

344 Children & Youth Served
(2,869 Units of Service)

151 Adult Caregivers
(1,105 Units of Service)
1,660 Telephone Calls/Consults
(472 Units of Service)

495



Camps

117 Children & Youth Served
(3,045 Units of Service)

29 Adult Caregivers
(54 Units of Service)

146



Wonders & Worries

127 Individuals Served
(471 Units of Service)

127



School Groups

32 Individuals Served
(98 Units of Service)

32



Family Workshops

240 Individuals Served
(720 Units of Service)

240

CBC-RGV PROGRAM TOTALS



Peer Support Groups

104 Children & Youth Served
(1,354 Units of Service)

52 Adult Caregivers
(734 Units of Service)

156



Family Assessments

115 Children & Youth Served
(207 Units of Service)

81 Adult Caregivers
(146 Units of Service)

196



Individual Counseling

75 Children & Youth Served
(581 Units of Service)

7 Adult Caregivers
(23 Units of Service)

82



Camps

19 Children & Youth Served
(627 Units of Service)

13 Adult Caregivers
(23 Units of Service)

32



School Groups

23 Individuals Served
(99 Units of Service)

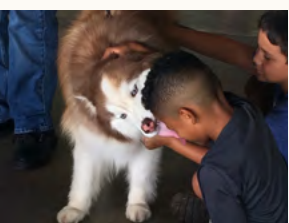
23



Family Workshops

60 Individuals Served
(180 Units of Service)

60



Paloma Place opened in 2018 and was created in partnership with the University of Texas San Antonio. The mission has been to serve the residents of Wilson County and the surrounding areas by offering quality counseling services and support. It was initially created to serve those affected by the Sutherland Springs tragedy.

Visit PalomaPlace.org for more information.



Bert Pfister and Marian Sokol (CBCST Executive Director) photographed with Paloma Place staff: JoAnn Flores, Sara Mann, Marilyn Grubbs and Ashley Jesse (Paloma Place Program Director) at the Grand Opening.



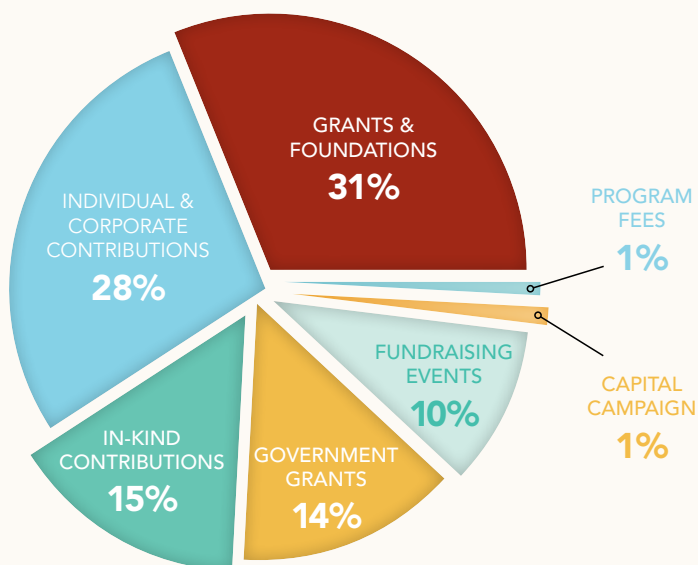
In 2018, the RGV Center welcomed Randy Baker, as Regional Director.



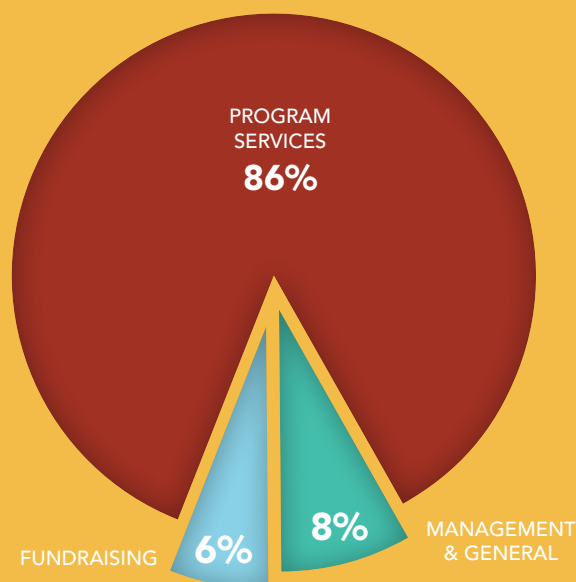
2018 | FINANCIALS

Fiscal Year: January 1 - December 31, 2018

REVENUE \$2,621,035



EXPENSES \$2,651,007



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