



2019 Annual Report



Children's  
Bereavement  
Center  
OF SOUTH TEXAS

***Our Mission:***

*To foster healing for  
grieving children and  
youth, their families  
and the community.*



## A Message from Leadership

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**So much in the world has changed over the past year, reminding us of both the fragility of life and the strength of the human spirit.**

Being “socially distant” has underscored how much we depend on each other. Our mission...to help grieving children, families and the community heal...is more important now than ever. In these uncertain times of a pandemic, we are more certain than ever that Children's Bereavement Center is a vital resource for South Texas.

On behalf of our incredible Board members and staff, thank you. We are deeply appreciative and honored by your support and generosity.

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Gratefully yours,

**Marian Sokol, Ph.D., MPH**  
**Executive Director**

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# Statistics

\*Judi's House. (2020). Childhood Bereavement Estimation Model. [www.judishouse.org/CBEM](http://www.judishouse.org/CBEM).

ONE in  
EIGHT

children will  
lose a parent  
or sibling by  
the age of  
25 in Bexar  
County.



Estimating  
**87,000**  
children in Bexar  
County will  
be bereaved.





## Words from Healed Hearts

**“ This place was like magic for my children  
when we lost their father.”**

“

**“ The staff at the Children's Bereavement Center were a  
Godsend for my kids and me. They truly are angels here on earth.”**

“

**“ Children need this place.”**

“

**“ The Children's Bereavement Center gave us the  
time and tools to get through the tough times.”**

“

**“ I have hope now that we will get through our loss.”**

# 2019 Impact



6,537

Peer Support  
Group Visits



6,230

Individual & Family  
Counseling Sessions



2,006

Family Assessments  
Conducted



599

Children Served  
through Grief Camps



571

School-Based Peer  
Support Group Visits



15,943

Individuals for All  
Programs & Services



2,840 Total Unduplicated  
Children & Caregivers



February 2019  
The 3rd Anniversary  
Children's Bereavement  
Center - Rio Grande Valley

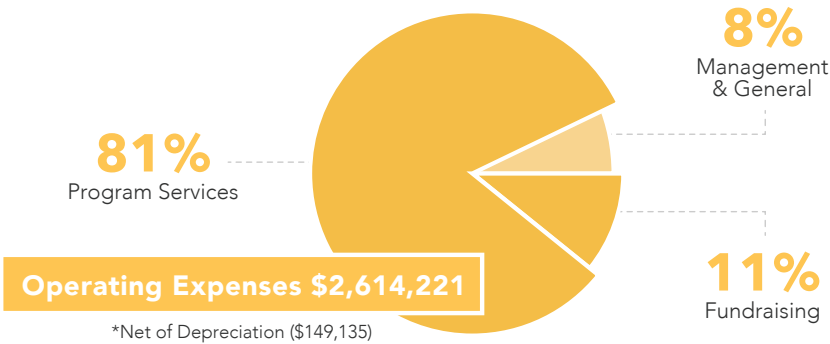
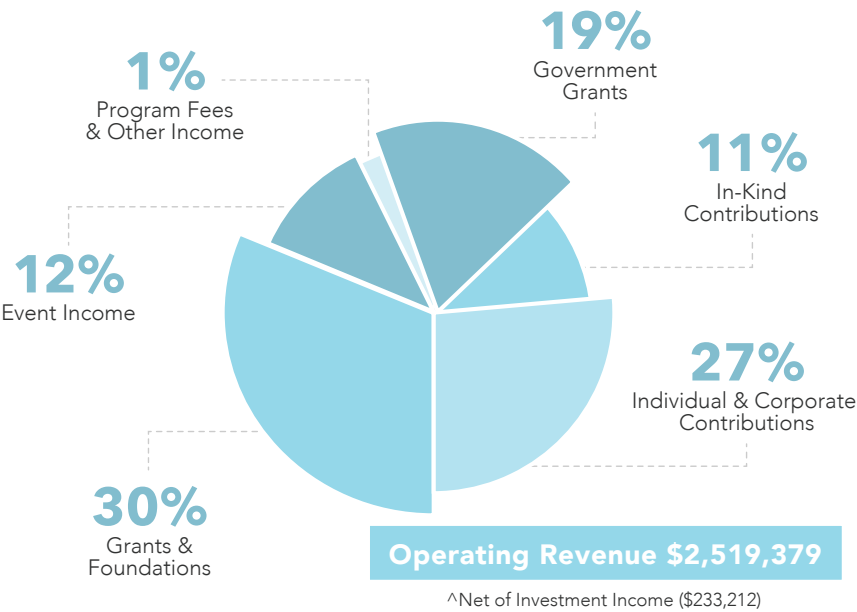


March 2019  
Grief Education Institute Symposium  
"Creating Inclusion and Support for Children  
Experiencing Traumatic Loss & Grief"



# Financials

Fiscal Year January 1 – December 31, 2019



**June 2019**  
Beginning of Capital Campaign  
"The Gift del Milagro"



**July 2019**  
Became Impact Partner of  
United Way of San Antonio  
& Bexar County



**July 2019**  
One Year Anniversary of  
Children's Bereavement  
Center at Paloma Place

## Children's Bereavement Center of the Rio Grande Valley & Children's Bereavement Center at Paloma Place

Children's Bereavement Center of South Texas proudly operates centers in Floresville at Paloma Place and in the Rio Grande Valley at CBC-RGV. Paloma Place and CBC-RGV are extensions of CBCST; we know that each person's grief journey is unique and thus deserving of an individualized approach to care. To that end, both centers adapt and deliver the same evidence-based grief programs that we do in San Antonio, based on the needs of each child and family. We are proud to serve these additional communities and contribute to the recovery and healing of the children who reside there so that no child in South Texas should have to walk the painful journey of grief alone.





# The Gift del Milagro

## A Campaign for Our Future

In June of 2019 Children's Bereavement Center of South Texas embarked on a capital campaign project to fund the expansion of our current building, giving us the ability to serve more children and families.

**Thank you to the following donors for supporting this exciting new endeavor:**

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This list includes \$1,000+ gifts recorded to the best of our knowledge Jan.-Dec. 2019. Please notify our office if any information is incorrect.



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