

A young girl with brown hair in a braid, wearing a light blue dress, is swinging on a tire swing. The background is a vibrant, abstract painting of blue and green hues, suggesting a sky and foliage. The girl is in mid-swing, looking back over her shoulder.

Healing Hearts

2016 ANNUAL REPORT



Children's Bereavement Center
OF SOUTH TEXAS

Our Mission

To foster healing for grieving children and youth, their families and the community.



2016 Year in Review

2016 was a year of planning and building for the future, as well as refining and expanding services already offered by the Children's Bereavement Center of South Texas.

HAPPY BIRTHDAY TO US!

In preparation for its 20th year of service, the Center held an Anniversary Luncheon on October 13, 2016, honoring 20 of its most dedicated supporters. Some 650 guests gathered to hear Zak Williams, son of the late Robin Williams, speak about his own grief journey following the death of his father.

EXPANDING INTO THE RIO GRANDE VALLEY

After receiving grant funding from Methodist Healthcare Ministries of South Texas, Valley Baptist Legacy Foundation, and New York Life Foundation, the Center worked rapidly to establish the Children's Bereavement Center-Rio Grande Valley with offices in Harlingen. To serve this four-county area, one counselor remains on-site at the Valley Center, while the other serves as "mobile counselor" and provides services throughout the region. The San Antonio counseling team trained the new staff and provided educational programs for Valley-area professionals, in partnership with the University of Texas-Rio Grande Valley. Several school districts, including McAllen, Edinburg,

Brownsville and Los Fresnos have asked for individualized education for their staff, and the Brownsville Children's Museum has offered to host support groups at their facility. The Valley Center opened its doors on February 6, 2017.



MEETING INCREASED DEMAND

The Center experienced a 10% increase in services provided during 2016. A total of 1,626 unduplicated individuals received assistance, a second Sibling Support Group was created and the Center is now open seven days per week to accommodate demand for support groups and individual counseling.



GRIEF SUPPORT FOR AT-RISK TEENS

The Center continues to partner with several local schools to provide counseling and peer support groups on campus for grieving, at-risk students. This year Brackenridge Elementary School was added to KIPP:UPREP, Healy Murphy Center, and Lanier High School for on-site peer support and counseling services. These students also participated in the first “Camp Heroes: Beyond the Walls” a three day experience for teens, held for the first time in June 2016. This “day camp” was offered to all high school students currently served by the Center, as well as the Lanier catchment area. A total of 19 teens attended this pilot project. In addition, five of these teens also attended Camp Kangaroo in October, another first for the Center and a first-time experience for them.

PARTICIPATION IN NATIONAL RESEARCH PROJECT

The Center was asked to serve as one of ten sites across the U.S. participating in a nationwide research project to develop and validate evidence based screening and outcome measurements for grieving children. The tool

developed from this research, will help establish best practices in the treatment of grieving children. Throughout 2016 the Center’s clinical staff worked with Dr. Julie Kaplow, Director of the UTHSC Grief and Trauma Center in Houston, who is nationally known for her work in the development of bereavement informed best practices. Implementation of this project began in January 2017.

GRIEF CAMPS MEET UNMET NEEDS

Initiated by the Center in 2014, grief camps, continued to improve in 2016, increasing the number of attendees and expanding the program to accommodate teens. Two sessions of Camp Heroes were held at the Center, during spring break and Thanksgiving break. For the first time, a therapy dog was incorporated into the Camp Heroes activities. Camp Kangaroo was again held at Camp Tejas near Giddings in early October, welcoming 44 campers ages 7-17 who enjoyed traditional camp activities, swimming, rock wall climbing, and zip lining, in addition to age appropriate grief sessions. The Center has been asked to partner with Hermann Sons in the summer of 2017 to provide a grief camp at their location in Comfort, Texas.



THE CENTER GETS HIGH RATING

Non-profit evaluator, Charity Navigator, awarded the Center a four-star rating for the first time in 2016. This is the highest such rating and means the Center “exceeds industry standards and outperforms most charities in its cause.” Charity Navigator bases its ratings on a non-profit’s financial health and commitment to accountability and transparency. Donors can use these ratings to provide clear, objective, and reliable assessments of a nonprofit organization, and therefore can be more confident that in supporting the charities rated highly by Charity Navigator, they are supporting organizations that are more financially healthy, accountable, and transparent.



FACILITIES

After five years of continual use, the Center needed some repairs and maintenance. Carpeting was replaced throughout the second floor children’s activity space, the facility interior was repainted, and a struggling air conditioning unit was replaced.



THANK YOU KAWHI!

In April, San Antonio Spur Kawhi Leonard received the 2015-16 Kia NBA Defensive Player of the Year Award. Leonard was awarded a 2016 Kia Sorento SUV, which he immediately donated to the Center. The SUV is now used by the Center’s staff for travel to presentations in and around San Antonio, and for frequent trips to the new Center in the Rio Grande Valley.

Goals and Results

The following goals have been set by the clinical staff for Healing Programs for Grieving Youth and are measured by semi-annual evaluation surveys.*

- 90% of children will report that they found the program safe and supportive. (97%)
- 90% of children will report that they felt less alone and isolated. (93%)
- 90% of caregivers, who report children with behavioral problems upon entering the program will report an improvement. (87%)
- 90% of caregivers, who report children with emotional problems upon entering the program will report an improvement. (94%)
- 90% of caregivers and children will report they understand their grief more. (93%)
- 90% of caregivers and children will report overall satisfaction with the program. (94%)

* Actual levels of achievement for 2016 appear in parentheses.

2016 Program Service Numbers



935

Peer Support Groups

CHILDREN & YOUTH SERVED:

515 Individuals Served
(6,833 Units of Service*)

ADULT CAREGIVERS:

420 Individuals Served
(4,990 Units of Service*)



1,110

**Individual &
Family Counseling**

CHILDREN & YOUTH SERVED:

230 Individuals Served
(1,634 Units of Service*)

ADULT CAREGIVERS:

75 Individuals Served
(612 Units of Service*)



1,032

Family Assessments

CHILDREN & YOUTH SERVED:

578 Individuals Served
(1,055 Units of Service*)

ADULT CAREGIVERS:

454 Individuals Served
(832 Units of Service*)

TELEPHONE CALLS/CONSULTS:

1,012 Individuals Served
(180 Units of Service*)



188

**Camps &
External Groups**

CAMP

(CHILDREN & ADULTS SERVED):

135 Individuals Served
(2,801 Units of Service*)

EXTERNAL GROUPS:

59 Children Served
(479 Units of Service*)



300

Family Workshops
300 INDIVIDUALS SERVED
(900 Units of Service*)



8,837

Community Outreach

**TRAINING, EDUCATION
& OUTREACH**

TOTALS:

10,482 Individuals for ALL programs and services
55,160 Units of Service for ALL programs and services*

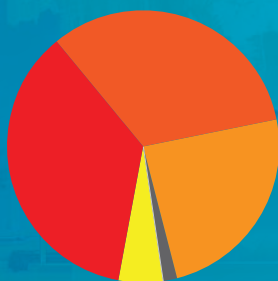
* Each Unit of Service is based on a standard mental health hour of 50 minutes.



FINANCIALS

FISCAL YEAR: JANUARY 1, 2016 - DECEMBER 31, 2016

Revenue: \$2,112,344



- Grants & Foundations: 42%
- Fundraising Events: 21%
- Individual & Corporate Contributions: 19%
- In-Kind Contributions: 14%
- Program Fees: 1%
- Other Income: 3%

Expenses: \$1,971,645



- Program Services: 87%
- Management & General: 7%
- Fundraising: 6%

2016-2017 Board of Directors

Bill Day - *Chairman*
 Jacquie Peace - *Vice Chairman*
 Andrew Himoff - *Secretary*
 Curtis Ruder - *Treasurer*
 Chris Rulon - *Immediate Past Chair*

Lorraine Barnes, MD
 Barbara Cantrell
 Katy Corrigan
 Rose Mary Fry
 Linda Fugit
 Connie Gilbert
 Scott Gruendler
 Jeff Hetrick
 Jennifer Kelley
 Jimmie Keenan

Ben Pressentin
 Rajiv Rajani, MD
 Roberto Rios
 Mike Smith
 Sarah Trenchard
 Ronald Weiss
 Ty West
 Cliff Whittingstall
 Frank Zoch

CHILDREN'S BEREAVEMENT CENTER OF SOUTH TEXAS

205 W. OLMOS DRIVE | SAN ANTONIO, TEXAS 78212 | 210.736.4847 (HUGS) | WWW.CBCST.ORG



We acknowledge and thank major donors in 2016.

The Center appreciates every gift, large or small.

A.E. Leonard Family Giving Council	Mr. and Mrs. Steven D. Browne	Frost Bank	Mr. and Mrs. Charles Hornberger
Abiding Presence Lutheran Church	Mr. Paul Brunsvold	Ms. Rose Mary Fry	Mr. and Mrs. Brad Huddleston
Mr. and Mrs. Stephen Ahl	Mrs. Ann Bunn	Ms. Linda Fugit	Ms. Lisa Huff-Gilliland
Alamo Heights Optimist Club	Mr. and Mrs. Trace Burton	Ms. Lori Fulk	Humulus Lupulus Enterprises, Inc. dba Real Ale
Alamo Kiwanis Club Charities, Inc.	C.H. Guenther & Son, Inc.	Mr. and Mrs. William Galbreath	Hurd Enterprises, Ltd.
Alex and Sally Halff Family Foundation	Mr. and Mrs. Roger Caballero	Ms. Mary Galle	Mr. and Mrs. Patrick Hurley, Jr.
Mrs. Laura Allbritton	Mr. and Mrs. Tobin R. Calvert	Mr. Ruben Gallegos	Mr. and Mrs. Thomas Immenschuh
Mrs. Gus Allen	Mr. and Mrs. John W. Cantrell	The Genevieve and Ward Orsinger Foundation	Insite Architects, Inc.
Mr. and Mrs. Jeffrey Anderson	Mr. and Mrs. Stuart Carter	Dr. Robert Gerhardt	Jan-Pro Cleaning Services
Ms. Kearne Anderson	Mrs. Sarah Caruth	Dr. and Mrs. Charles Giesey	Jefferson Bank
Mr. and Mrs. Robert Anderson	Mr. and Mrs. Bill Caskey	Mr. and Mrs. Steve Gilbert	Ms. Karen Jenkins
Ms. Minette Aouelle	Mr. and Mrs. Alan Catalani	Mr. Lance Gilliam	The John & Florence Newman Foundation
The Arch and Stella Rowan Foundation, Inc.	Central Park Lions Club	Mr. and Mrs. Kip Gilliland	Mr. and Mrs. Michael Johnson
Argonaut Management Services, Inc.	Mr. and Mrs. Barry Chasnoff	Ms. Rachel Goeres	Jon's Run, LTD
Ms. Ann G. Ash	Ms. Dawn Chauvin	GoLittleLeggiesGo	Mr. and Mrs. Tom Karger
Mr. and Mrs. Michael Bacon	Mr. and Mrs. Charles E. Cheever, Jr.	Ms. Melissa Gonzalez	Kebok Foundation
Mrs. Isabelle Badouh	The Children's Shelter	Gordon Hartman Family Foundation	Mr. and Mrs. MG (R) Jimmie and Col (R) John Keenan
Ms. Donna Bamberger	Circle Bar Foundation	Mr. and Mrs. Jack Gorman	Mr. and Mrs. Tim Kelley
Bank of America Charitable Foundation	Mr. and Mrs. Frank Clark	Ms. Christine Gorychka	Mr. and Mrs. John C. Kerr
The Bank of San Antonio	Mrs. Jeanine Clifford	The Greehey Family Foundation	King Family Foundation
Baptist Health Foundation of San Antonio	Mr. and Mrs. G. Thomas Coghlan	Greene and Associates, Inc.	Mr. and Mrs. Gregory King
Ms. April Barber	Mr. and Mrs. Joseph Connolly	Dr. and Mrs. William P. Groos	Ms. Theresa A. Klar
Mr. and Mrs. A. Paul Barker, IV	Mr. and Mrs. Porter Corrigan	Mr. and Mrs. Brandon Grossman	Mr. and Mrs. Richard Kleberg, III
Dr. Lorraine Barnes	Mr. Alfred Cortez	Ms. Maria Davis and Mr. Scott Gruendler	Ms. Virginia Street Koehl
Mr. and Mrs. Ed Barron	Faye L. and William L. Cowden Charitable Foundation	Gunn Family Foundation	Ms. Wendy Kowalik
Mr. and Mrs. James Barrow	Ms. Linda Cullison	GVG McColl, LLC	Kronkosky Charitable Foundation
Mr. Thomas Barrow	Mr. and Mrs. Scott Dalrymple	Ms. Catherine Haffner	Dr. and Mrs. Kenneth Krueger
Mr. and Mrs. Edward Bartolomei	David & Betty Sacks Foundation	Mr. and Mrs. Charles Hargis	Mr. and Mrs. Barry Kruger
Mr. J. Cary Barton	Mr. and Mrs. Quincy Davidson	Harlingen Consolidated ISD	La Brasada Foundation
Mr. and Mrs. Walter E. Belt, III	Mr. and Mrs. Bill Day	Mr. and Mrs. Robert Hayes	Mr. and Mrs. David Ladensohn
Ms. Sheila G. Bence	Ms. Allison De Paoli	Healy-Murphy Center	Mr. and Dr. Richard LaGrange
Drs. Margaret and Michael Berton	Ms. Holly K. Denton	H-E-B	Mr. and Mrs. Rick Lane, Jr.
Beyer Boys	Dermatology Associates of SA	H-E-B Tournament of Champions Charitable Trust	Mr. and Mrs. Richard Lange
Ms. Catherine Bishop	Documation, Inc.	Mr. and Mrs. Don Heep	Langley & Banack, Inc.
Mr. Bill Blanton	Mr. and Mrs. James Donnell, Jr.	Mr. and Mrs. Stuart Hendry	Laurel Ridge Treatment Center
Mr. and Mrs. Stephen H. Blount	Mrs. Linda Dullnig	Mr. Vincent Hennessy	Law Office of Shawn C. Brown
Blue Bird Auxiliary of Methodist Hospital	Mr. Robert Dunkin	Mr. and Mrs. Joe Herczeg	Ms. Marline Lawson
Boerne Collision Center	Ms. Molly Dupnick	Mr. and Mrs. Jeffrey Hetrick	Mr. and Mrs. Cappy Lawton, Jr.
Bolner's Fiesta Products, Inc.	Mr. and Mrs. Bill Elliff	Ms. Prun Hildebrand	Drs. Bill Germer & Cathy Leary
Mrs. Roger Bose	Mr. and Mrs. Joe Elliff	Ms. Linda Hiller	Mr. and Mrs. Walter Leddy
Mr. and Mrs. John K. Boyce, III	Mr. and Mrs. Walter M. Embrey	Mr. and Mrs. Andrew Himoff	Mr. and Mrs. Marc Ledet
Mrs. Faye Bracey	Mr. Jose Escobedo	Dr. and Mrs. William W. Hinchey	Mr. and Mrs. John Lewis
Brew-Ha Round Up Participants	Ms. Lauren Ferrero	Mr. and Mrs. Edward Hodge, III	Dr. Laura Lindner
Mr. and Mrs. Raleigh Brotherman	Fiesta San Antonio Commission, Inc.	Mrs. Kathy Hoermann	Mr. and Mrs. Patrick W. Lindner
Mr. and Mrs. Charles Brown	First Community Bank	Mr. and Mrs. Justin Holliday	Mr. and Mrs. Richard Litton
	First Unitarian Universalist Church	Mr. and Mrs. Charles Hollimon	Mr. Alvin Loewenberg, Jr.
	Ms. Mary Beth Fisk	Ms. Paula Hollis	Ms. Katie Loftin
	Mrs. Kay Fitch	Mrs. Julianna Hawn Holt and Mr. Peter M. Holt	Ms. Tami Logsdon
	Frank Boggus Investments, Ltd.	Holy Trinity Catholic Church	Mrs. Paula Loring
			Mr. and Mrs. Porter Loring, III
			Luther King Capital Management



Mr. and Mrs. John A. Malitz
 Ms. Bojana Mamuzic
 Mr. and Mrs. Clark Mandigo, III
 Mr. Edward Maney
 Mrs. Elizabeth Marceau
 Marietta K. Randall Foundation
 Trust
 Mr. Elmer Martin
 Dr. Nancy Martin
 Mauzé Construction
 Mays Family Foundation
 Ms. Emily McMurray
 Mr. and Mrs. Pat McMurry
 Mr. and Mrs. Douglas McNeel
 Mr. and Mrs. Richard McPike
 Meadow Boutique
 Methodist Healthcare Ministries
 of South Texas
 Mr. and Mrs. Jack Meyer
 Michael M. Peacock
 Foundation
 Ms. Meredith Michelson
 Miguel Carrillo Jr Elementary
 School
 Ms. Neala Moore
 Mr. and Mrs. Lewis J.
 Moorman, IV
 Mr. and Mrs. Zack Moorman
 Col. and Mrs. Joseph Moran
 Ms. Judith Morton
 Ms. Melinda Munoz
 Ms. Susan Murphy
 The Najim Family Foundation
 Mr. and Mrs. Jared Natho
 New York Life Foundation
 Mr. and Mrs. John "Chico"
 Newman
 The Nordan Trust
 Novalink, Inc.
 NuStar Foundation
 Ms. Laura O' Donnell
 Mr. and Mrs. Dan O'Connor
 Dr. and Mrs. Gerald O'Gorman
 Ms. Corie Olivares
 Mr. and Mrs. Scott Palmer
 Dr. and Mrs. Paul Park
 Judge Laura Parker
 Mrs. James A. Patterson
 Mr. and Mrs. Paul Peace
 The Honorable David Peebles
 Ms. Courtney Percy
 Chaplain Joseph Perez
 Mr. and Mrs. John W. Petry
 Mr. and Mrs. Al Philip
 The Phoenix Charitable
 Foundation
 Piper Jaffray

Ms. Emilie Pitman-Kreager
 PlainsCapital Bank
 PlainsCapital Bank - Rio Grande
 Valley
 Mr. and Mrs. Charlie Plummer
 Porter Loring Mortuaries
 Mr. and Mrs. Ben Pressentin
 Primrose School At Bulverde
 Road
 Prince of Peace Lutheran
 Church ELCA
 Mr. and Mrs. Alejandro E.
 Pruitt
 Mr. and Mrs. Greg Quisenberry
 R.L. Worth & Associates, LTD
 Dr. and Mrs. Rajiv Rajani
 Mrs. Michelli Ramon
 Mrs. Cheryl Remmert
 Mr. and Mrs. Ricardo Reyna
 Mr. and Mrs. Richard J.
 Reynolds, III
 Mr. Roberto Rios
 Ms. Elizabeth Rivera
 Robert & Kathey Anderson
 Foundation
 Mr. and Mrs. Gregg Robertson
 Ms. Katharine Rogers
 Mr. and Mrs. Paul Rohlf's
 Ms. Karen Rose
 Mr. and Mrs. Curtis Ruder
 Mr. and Mrs. Chris Rulon
 The RWM Foundation
 San Antonio Area Foundation
 San Antonio Association of
 Building Engineers
 Ms. Michele Sanchez
 John L. Santikos Charitable
 Foundation Fund
 Mr. and Mrs. Bill Saunders
 Mr. and Mrs. Richard T.
 Schlosberg, III
 Security Service Federal Credit
 Union
 Dr. and Mrs. David Senn
 Serafy Foundation
 Shield Ayres Foundation
 Silver Ventures, Inc.
 Mr. and Mrs. Mark Simmons
 Mr. and Mrs. David Smith
 Mr. and Mrs. Howard Smith
 Mr. and Mrs. Lawrence Smith
 Dr. and Mrs. Lon Smith
 Mr. and Mrs. Madison Smith
 Mr. Mike Smith and
 Mrs. Marilyn Harrington
 Mr. and Mrs. Paul H. Smith
 Dr. and Mrs. Reeves Smith

Mr. and Mrs. Robert Sohn
 Mr. and Dr. Thomas Sokol
 Ms. Eliza Sonneland
 South Texas Money
 Management
 Mr. and Mrs. Edward Spalten
 Ms. Bettie Specia
 Spurs Sports & Entertainment
 St. Luke Catholic School
 St. Luke's Lutheran Health
 Ministries, Inc.
 Ms. Barbara Stevens
 Mr. and Mrs. George L. Stieren
 Mr. Blair Stouffer
 Mr. and Mrs. Y.N. Strait
 Mr. and Mrs. Mac Stringfellow
 Dr. and Mrs. Tripp Stuart
 Stumberg Foundation
 Ms. Sharon Sutton
 Mr. and Mrs. Jack Swanson
 Mr. and Mrs. Emil Swize
 Mr. and Mrs. Joe Taylor
 Ten Thousand Villages
 Terry and Regina Armstrong
 Family Charitable Foundation
 Texas Capital Bank
 Texas Capital Bank - Dallas
 Texas Cavaliers Charitable
 Foundation
 Texas Pediatric Society
 Foundation
 Thad Glass Ziegler
 The John and Florence
 Newman Foundation
 Mr. and Mrs. David Thomas
 Mr. and Mrs. Blair Thompson
 Dr. and Mrs. Ronald Tietz
 Ms. Judith Tor
 Mr. and Mrs. Philip Tottenham
 Mr. and Mrs. James Travis
 Ms. Lucille Travis
 Ms. Sarah Trenchard
 Ms. Jane Dart Tucker
 Unitarian Universalists Church
 of San Antonio
 Dr. Mary R. Unzueta-
 Hernandez
 The USAA Foundation
 Valero Energy Foundation
 Valley Baptist Legacy
 Foundation
 Valley Day and Night Clinic
 Mr. Vic Vaughan
 Mr. and Mrs. Billy Vaughn
 Ms. Patricia Vela
 Ms. Dora Ann Verde
 Vitas Community Connection

Ms. Salon Volt
 The Wade Richmond
 Foundation
 Mr. and Mrs. Edward "Buzz" J.
 Wagner, Jr.
 Ms. Margaret Walker
 Mr. and Mrs. Jack Walters
 Mr. and Mrs. David Warner
 Wave Healthcare, LLC
 Mr. and Mrs. Ronald Weiss
 Wells Fargo Bank, N.A.
 Mr. and Mrs. Ty West
 Mr. Lewis Westernman
 Mr. and Mrs. Clifford
 Whittingstall
 Mr. and Mrs. Chris Wilde
 Ms. Elizabeth Wilde
 Mr. Zak Williams
 Mr. and Mrs. George Williams
 Mr. and Mrs. James Williams
 Williams-Chadwick Charitable
 Fund
 Mr. and Mrs. Bill Wolfe
 Mr. Jason Wolfe
 Mr. and Mrs. William Wolfe
 Mrs. Jess Y. Womack, II
 Women of AT&T
 Women of St. Luke's
 Mrs. Barbara Wood
 Dr. and Mrs. Dale A. Wood
 Mr. and Mrs. F. Michael
 Wood, Jr.
 Mr. and Mrs. Scott Worrich
 Mr. and Mrs. Clint Worth
 Mr. and Mrs. James C. Worth
 Mr. and Mrs. Mark Wright
 Tesoro Foundation, Inc.
 Zachry Industrial, Inc.
 Dr. and Mrs. Louis H.
 Zbinden, Jr.
 Mr. and Mrs. Frank Zoch

* This list includes \$200+ gifts recorded to the best of our knowledge Jan.-Dec. 2016. Please notify our office if any information is incorrect.