

## We acknowledge and thank major donors in 2014. The Center appreciates every gift, large or small.

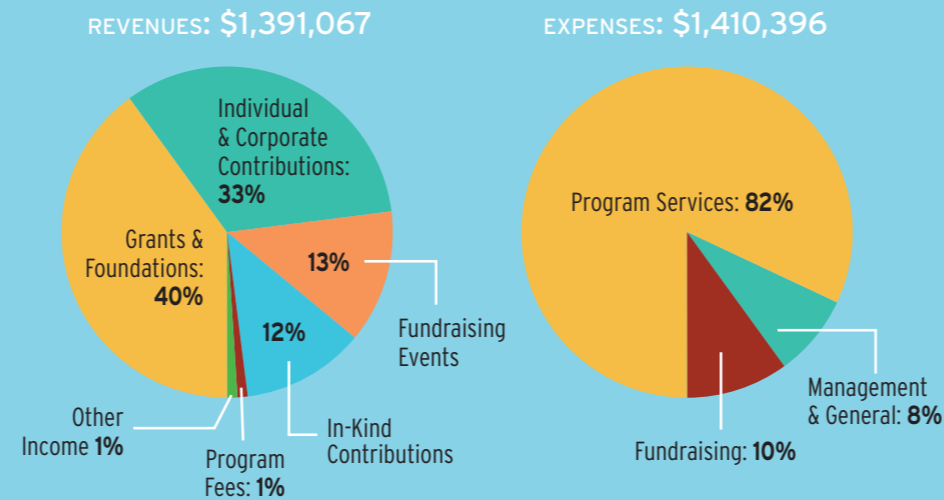
A.E. Leonard Family Giving Council  
Abiding Presence Lutheran Church  
Alamo Kiwanis Club Charities, Inc.  
Mr. and Mrs. Jeffrey Anderson  
Ms. Barbara Arneson  
Mr. and Mrs. Brian Arriaga  
Ms. Ann G. Ash  
AVNET  
Mr. and Mrs. Randy Baetz  
Mr. and Mrs. Dave Balmer  
Baptist Health Foundation of San Antonio  
Mr. and Mrs. Ed Barron  
Mr. Thomas Barrow  
BB&T Bank  
Blue Bird Auxiliary  
Mrs. Roger Bose  
Mr. and Mrs. Charles Brown  
Mr. and Mrs. John Burton  
Canyon Ridge Elementary School  
Mr. and Mrs. Bill Caskey  
The Cecilia Young Willard Helping Fund  
Mr. and Mrs. Barry Chasnoff  
Circle Bar Foundation  
Faye L. and William L. Cowden  
Charitable Foundation  
Mr. and Mrs. Scott Dalrymple  
Mr. and Mrs. Jonathan Dear  
Mr. and Mrs. James Donnell, Jr.  
Mr. and Mrs. Kenneth Dorbandt  
Mr. and Mrs. Bob Downey  
Mrs. Linda Dullnig  
Mr. and Mrs. Rob Flannery  
Frost Bank  
Ms. Rose Mary Fry  
Mr. and Mrs. Bill Fugit  
Ms. Mary Galle  
Mr. and Mrs. Michael Garansuay  
The Genevieve and Ward Orsinger Foundation  
Mr. Samuel C. Giesey, Jr.  
Ms. Rachel Goeres  
Ms. Maria Davis and Mr. Scott Gruendler  
Mr. and Mrs. Christopher Gulde  
Gunn Family Foundation  
Mr. and Mrs. Albert Gutierrez  
Mr. and Mrs. Malcolm Hartman  
Mr. Ed Haynes  
Ms. Pruy Hildebrand  
Mr. and Mrs. Edward Hodge III

Mrs. Julianna Hawn Holt and Mr. Peter M. Holt  
Holy Trinity Catholic Church  
Hornberger Sheehan Fuller & Beiter  
Mr. and Mrs. Patrick Hurley, Jr.  
Insko Distributing, Inc.  
Mr. and Mrs. Frank Jarzombek  
Jefferson Bank  
The John & Florence Newman Foundation  
The Justin Dart Family Foundation  
Mr. and Mrs. John C. Kerr  
Mr. and Mrs. Ed Kohutek  
Kronkosky Charitable Foundation  
Mr. and Mrs. Barry Kruger  
Mr. and Mrs. Richard Lange  
Langley & Banack, Inc.  
Mr. and Mrs. David Ladensohn  
Mr. Robert W. Latimer, Jr.  
Lewis Resource Management  
Mrs. Kim Lewis  
Dr. Laura Lindner  
Mr. and Mrs. Stacy Locke  
Mr. Laird Loomis  
Luther King Capital Management  
Marcia & Otto Koehler Foundation  
Marietta K. Randall Foundation Trust  
Dr. Nancy Martin  
Mauzé Construction  
Mays Family Foundation  
Mr. and Mrs. Gary McAlum  
Methodist Healthcare Ministries of South Texas  
Mr. and Mrs. Jack Meyer  
Mr. and Mrs. Zack Moorman  
Ms. Judith Morton  
Mr. Jimmy Moses  
The Najim Family Foundation  
Nancy Smith Hurd Foundation  
Nathalie & Gladys Dalkowitz Charitable Trust  
New Braunfels Title Company  
New York Life Foundation  
Mr. and Mrs. John Newell  
Northeast San Antonio Kiwanis Club  
Ms. Elise Notzon  
NuStar Foundation  
Mr. and Mrs. Kirk Oden  
Mr. and Mrs. Paul Peace  
The Porter Loring Family  
Presido Title  
Providence Catholic School

Mr. Oscar Leo Quintanilla  
Robert A. & Kathy K. Anderson Foundation  
Mr. and Mrs. Paul Rohlf's  
Mr. and Mrs. Rollins Rubsamen, Jr.  
Dr. Patricia Ruiz-Wigger  
Mr. and Mrs. Chris Rulon  
The RWM Foundation  
Mr. and Mrs. Jeff Schnoebelen  
Security Service Federal Credit Union  
Dr. and Mrs. David Senn  
Dr. Maureen Sheehan  
Dr. and Mrs. Lon Smith  
Mr. Mike Smith and Mrs. Marilyn Harrington  
Mr. and Mrs. Robert Sohn  
Mr. and Mrs. Thomas Sokol  
Ms. Eliza Sonneland  
South Texas Money Management  
Spurs Sports & Entertainment  
St. Luke's Lutheran Health Ministries, Inc.  
St. Sophia Greek Orthodox Church  
Mr. and Mrs. John Stinson  
Stumberg Foundation  
Sundance Energy, Inc.  
Mr. John Teeter  
Terry and Regina Armstrong Family  
Charitable Foundation  
Texas Capital Bank  
Texas Cavaliers Charitable Foundation  
Dr. and Mrs. Ronald Tietz  
Dr. Mary R. Unzueta-Hernandez  
Valero Corp Services Co.  
Vitas Community Connection  
Mr. and Mrs. Richard Warren  
Mr. Rick Warren  
Mr. and Mrs. Tim Watt  
Wave Healthcare LLC  
Mr. Thomas W. Weir  
Wells Fargo  
Mr. and Mrs. Andrew Bradford West  
Mr. and Mrs. Ty West  
Ms. Elizabeth Wilde  
Mr. and Mrs. George Williams  
Mrs. Jess Y. Womack II  
Women of St. Luke's  
Mr. and Mrs. F. Michael Wood, Jr.  
Mr. and Mrs. James Worth  
Mr. and Mrs. Frank Zoch  
Mrs. Marion Zoch



### Financials (Fiscal Year: January 1, 2014 - December 31, 2014)



### 2014 - 2015 Board of Directors

Chris Rulon - Chairman	Elizabeth Archer Dewar	Jennifer Kelley	Buzz Wagner
Bill Day - Vice Chairman	Rose Mary Fry	Nancy Martin	Ty West
Jacqui Peace - Secretary	Linda Fugit	Curtis Ruder	Cliff Whittingstall
Ronald Weiss - Treasurer	Connie Gilbert	Mike Smith	Frank Zoch
Brian Arriaga	Scott Gruendler	Sally Sohn	
Lorraine Barnes, M.D.	Catherine Haffner	Pam Thomas	
Vanessa Casey	Andrew Himoff	Penny Viteo	

**Children's Bereavement Center of South Texas**  
205 W. Olmos Drive | San Antonio, Texas 78212 | [cbcst.org](http://cbcst.org) | 210-736-4847 (HUGS)



# Changing Lives

2014 ANNUAL REPORT

 **Children's Bereavement Center**  
OF SOUTH TEXAS

\*This list includes \$1,000+ gifts recorded to the best of our knowledge Jan.-Dec. 2014. Please notify our office if any information is incorrect.



### OUR MISSION:

To foster healing for grieving youth, their families and the community through peer support programs, counseling, training, education and outreach.



## Meet Jeremy

Jeremy is a typical eight year-old; he's all energy, full of questions, a whirlwind of activity. He likes school lunch and recess more than math. The Spurs are his heroes. Jeremy is an only child. His mom died when he was in first grade. His father did his best to explain to Jeremy how it happened: how mom got sick before they realized anything was wrong and why she died so suddenly. But it was hard for dad. So hard, that he began to drink too much and one day, dad died.

He now lives with his grandparents. He's still full of energy and questions, but many things have changed. At school, sometimes the teacher says "Take this home to your parents" and the boy behind him whispers "Guess you can't do that can you? 'Cause you don't have parents." It's hard to believe that other kids would make fun of you for something so terrible. But sometimes they do. Jeremy doesn't know anyone else whose parents died and he often goes to the school counselor when he feels upset. One day the counselor called his grandmother and told her about Camp Heroes\* at the Bereavement Center.

Jeremy was a little quiet when he arrived on his first day of camp. It didn't take long for him to join in on a silly song and learn the names of the other kids in his group. Then he sat around a circle and said "My name is Jeremy, and my mom and dad died." And for the first time, in a long time, no one made fun of him. At Camp Heroes, every kid has had a parent, or sibling, or grandparent who has died. At the Children's Bereavement Center, Jeremy learned that his feelings are normal, that there are activities that he can do to help ease his pain, and above all else, he is not alone.\*

\* Camp Heroes is dedicated in memory of Reid Kelley

## 2014 Highlights

The Children's Bereavement Center of South Texas has experienced dramatic growth and depth of service in the past two years. Traditional on-site services such as peer support and counseling have grown EXPONENTIALLY.

- In the past two years, the Center has almost doubled the number of individuals served (from 851 to 1527)! Counseling has more than doubled with over 1,700 units of service being provided in 2014! And program staff has TRIPLED to six licensed professional counselors!
- The Center is now operating six days a week for individual counseling and hosting nine support groups, each dedicated to a different type of death loss and serving children ages 3 to 24.

In spite of the fact that more than 1,500 children and caregivers were served in 2014, many children in San Antonio and the surrounding areas are still unable to make it to the Center for traditional support groups for a variety of reasons. In the past year, the Center has expanded the services offered and added two programs that provide access to grief support services for these children and teens.

- **Camps:** Of the 1,500 children and caregivers that are served, nearly 100 of those children will attend one of three overnight camps in 2015. Not only did the Center open its doors for "camping" overnight during spring break and summer 2014 with Camp Heroes... but in the fall of 2015, the Center is proud to be launching Camp Kangaroo, an overnight, outdoor camp for 50 children. This camp will focus on healing through music therapy techniques, as well as enjoying zip lines and campfires for fun and friendship.
- **Teen Grief Reach:** The Center is now offering four off-site teen support groups in area high schools and community centers, targeting teens in undeserved populations and at-risk students in San Antonio.

The Center offers the peer support group programs at no cost to families. Hence, the tireless efforts of practicum students, interns and community volunteers are imperative to the success of the Children's Bereavement Center.

- In 2014, the value of volunteer hours exceeded \$130,000 in in-kind hours. This includes volunteers who assist in facilitating the peer support groups, acted as greeters, sponsor dinner, coordinate events and more.

In addition to our mission-focus on child bereavement, the Center also provides leadership for inter-agency area coalitions targeting the prevention of infant death/SIDS and the prevention of infant death/SIDS and the prevention of teen death by suicide; as well as statewide initiatives working to prevent child abuse fatalities.

GOALS	RESULTS
90% Caregivers	95% Reported that the program not only helped their child but helped adults cope with their grief.* 96% Reported that the Center provided valuable resources to prevent future problems.*
90% Children	92% Reported that being around other children who experienced a similar loss, helped in their own grief.* 91% Identified the Center as a safe place to grieve.* 91% Reported satisfaction with the program*
90% Children & Caregivers	92% of participants would recommend the Center to other children and their families.* 96% of participants are satisfied with the staff and volunteers.*

\* Reports compiled after two semesters of evaluations.

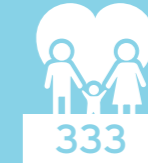
## 2014 Program Service Numbers



### Peer Support Programs

Children & Youth Served:  
551 Individuals Served (7,934 Units of Service\*)

Adult Caregivers:  
390 Individuals Served (5,479 Units of Service\*)



### Individual & Family Counseling Programs

Children & Youth Served:  
211 Individuals Served (1,210 Units of Service\*)

Adult Caregivers:  
117 Individuals Served (646 Units of Service\*)

Anticipatory Support:  
5 Individuals Served (13 Units of Service\*)



### Family Assessments

Children & Youth Served:  
518 Individuals Served (932 Units of Service\*)

Adult Caregivers:  
385 Individuals Served (693 Units of Service\*)



### Camps & External Groups

Camp (Children & Adults Served): 53 Individuals Served (829 Units of Service\*)

External Groups: 33 Children Served (54 Units of Service\*)



### Family Workshops

322 Individuals Served (966 Units of Service\*)



### Community Outreach Services

Training, Education & Outreach: 9,061 Individuals Served (14,195 Units of Service\*)

↓  
**TOTALS**

**11,646** Individuals Served for ALL programs and services  
**32,952** Units of Service for ALL programs and services\*

\* Each Unit of Service is based on a standard mental health hour of 50 minutes.